

Race Entry Form (Entry Fee: £55 UKA all cheques payable to Mr. D Clark)

Please return forms to Race Entries, 54 Oldfield Road, Coventry, CV5 8FW

First Name:	
Last Name:	
Address Line (1):	
Address Line (2):	
Town / City:	
Country:	
Postcode:	
Telephone:	
Email Address:	
Date of Birth:	
Gender:	
Expected time for distance:	
Affiliated club:	
UKA Affiliated Registration No:	
Team Name:	

Tick the below as appropriate:

You are fit and healthy, being capable of running 20 miles off road, within the time limits?

Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
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Are you able to navigate around the course using Ordnance Survey map and compass?

Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
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I agree that the marshal's decisions will be final and that I could be asked to retire for reasons of safety?

Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
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In the event of very severe weather such that the course is deemed unsafe, the race organiser may substitute a bad weather alternative and that no refunds will be due or requested (this is not likely). Do you agree?

Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
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Signature:		Date:	
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In line with the BMC participation statement, North Ridge Adventure recognises that mountain activities have a danger of personal injury or death. Participants in this activity should be aware of and accept these risks and be responsible for their own actions and involvement.