



Where Service Matters *ncfe*

C945 Survival Instructor Award

Independently accredited by NCFE at Level 4

The course will practice essential survival skills, training mind and body whilst developing your skills as an instructor. As a simple rule of thumb, successful candidates will be able to confidently teach a group of learners at any public gathering, without notice.

Entry Requirements

- Be a minimum of **18 years** of age
- Comfortable living outdoors in all weather and with good practical experience of survival skills in most areas
- Have, or be prepared to acquire a recognised **First Aid qualification** (Emergency 1st aid or equivalent 2 day course)

Training Approach

The training will focus on the instructional and safety aspects, being a mixture of **practical and theoretical**, supplemented by home study assignments. In addition you will be expected to **consolidate** all learning whilst keeping a **log book** of personal activities – this will form an integral part of assessment. We also recognise that much of the learning on a course of this nature will be from sharing peer group experiences, tips and knowledge.

Assessment Approach

You will be assessed by us to ensure the required standards are being met. We recognise that this award is primarily vocational so will make allowances where possible for different learning styles by use of photographic/ video evidence, log books, story boards, specimen collections etc. – in short we want you to be successful and will help you achieve this. If we feel you would benefit from a period of consolidation we may defer you to a later course.

We have made provision for highly experienced candidates to fast-track via an APL (Accredited Prior Learning) process

We will be assessed by our own Internal Verifiers and by NCFE in a process known as External Verification to ensure quality procedures are being met.

Equipment

At this level you will mostly have your own equipment; however we can order in kit from Kershaw (KAI), Fallkniven, Gransfors Bruks, Martindale, Light my Fire and Lifesaver at generous discounts. We also have an account with Tamarack Group which allows candidates to purchase equipment directly.

Further Details

The attached course structure offers you the outline of this award. Please **enquire in person** if you are interested in applying for the next course when we can give you full details.

Most candidates will be required to attend a pre-course selection weekend. APL programmes will vary according to individual submissions and may require additional assessment days.

Please note we do not send out brochures.

North Ridge Adventure recognizes that mountaineering and hill walking are activities with a risk of personal injury or death. Survival training also involves risk of personal injury, harm or death. By coming on a course you are accepting this risk and are responsible for your own actions.

The Course structure

Unit 01 **A framework and strategy for survival**

- The history and structure of Survival Skills training
- Methods of planning and preparation
- Personal survival kits
- Attracting rescue
- Methods of instruction
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Unit 02 **Shelter**

Unit 03 **Water**

Unit 04 **Fire**

Unit 05 **Food**

- Hunting
- Trapping
- Fishing
- Plant recognition including fungi
- Road kill and carrion
- Food safety
- Ethical and legal boundaries

Unit 06 **Navigation and route finding**

- Map reading (day and night)
- Compass work
- Using GPS effectively
- Sun
- Stars
- Other natural indicators

Unit 07 **Specialist skills for negotiating natural obstacles**

- Safety on steep ground
- Rock Climbing
- Abseiling and other rope descent methods
- Water safety
- Crossing streams and wet ground on foot
- Swimming
- Boats and rafts

Unit 08 The physiological and psychological aspects of survival

- Expedition - studying personal physiology and psychology

Unit 09 Preparing to work in the Outdoor Learning sector

Final Exercise